



LET'S FIX IT  
COUNSELING NETWORK LIMITED

'Creating Pathways For Better  
Marriages And Personal Growth'

|

# COMPANY PROFILE

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# LET'S FIX IT

COUNSELING NETWORK LIMITED

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Bukoto, Kisaasi Rd,  
KEBS Supermarket Building





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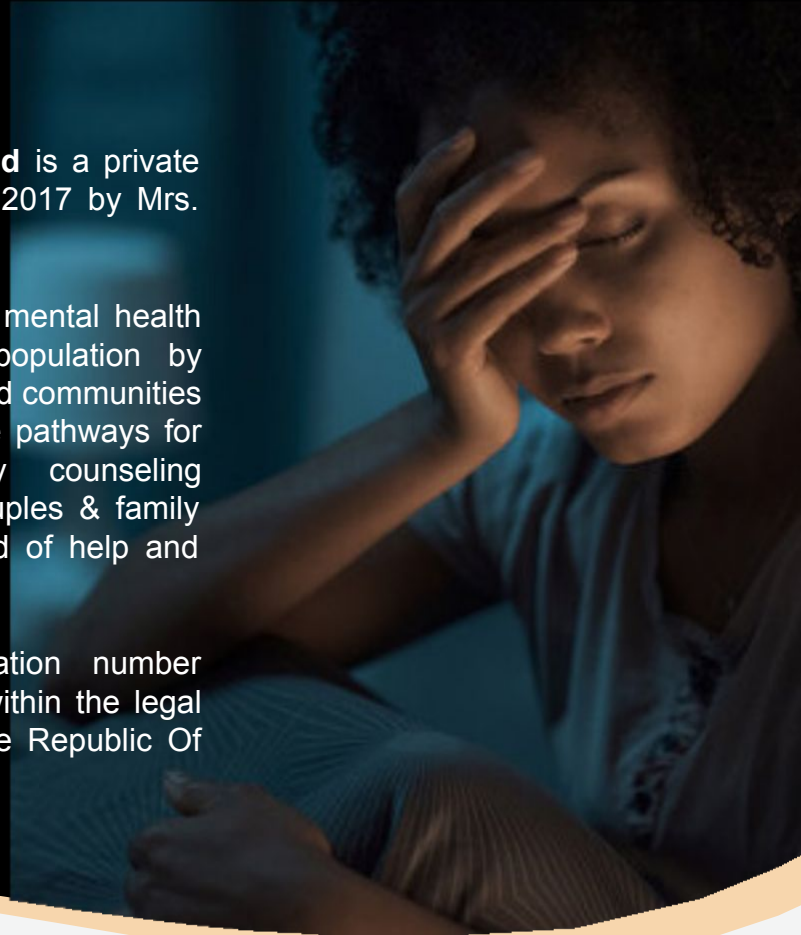
# LET'S FIX IT COUNSELING

## About Us

**Let's Fix It Counseling Network Limited** is a private counseling practice initiated on May 1<sup>st</sup>, 2017 by Mrs. Namusisi Sharifah.

It aims at ensuring that counseling, and mental health services are accessible to a wider population by providing safe environments to people (and communities ) with diverse needs helping them create pathways for personal growth through community counseling services, group therapy, individual, couples & family therapy. We also identify groups in need of help and relief then advocate on their behalf.

We are fully registered with registration number 80020003944485 and operating legally within the legal boundaries governing philanthropy in The Republic Of Uganda.



## Mission

To increase access to mental health services to a wider population and reduce the stigma around therapy and HIV/AIDS. We also hope to end GBV, promote public health, empower communities and children through counseling, and offering awareness tools to restore their physical and mental health.





## Vision

To create a caring community committed to the wellness of individuals, families, and communities nurturing and inspiring all to reach their fullest potential through education, prevention, treatment and intervention.



## Philosophy

We believe all people have equal intrinsic value and will engage and thrive in a community where they feel safe, included, respected and a sense of belonging.



## Services We Offer

- Community Counseling
- Group Therapy
- Individual & Couples Therapy
- Cognitive Behavioral Therapy (CBT)
- Child & Family Therapy
- Sexual And Reproductive Health

## Objectives

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- ❑ To reduce the stigma around therapy and mental health,
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- ❑ To empower underprivileged communities, men, women, youth (girls and (boys) through counseling and guidance,
- ❑ To increase access to mental health and social services, to a wider population, then advocate for relief for those struggling with mental health problems,
- ❑ To promote public health and reduce the stigma around HIV/ AIDS.
- ❑ Through our school counseling program, we intend to empower young people to take charge of their lives and equip them for life's challenges.

- ❑ To create a community free of gender based violence. An inclusive, safe social network, where all women thrive.
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- ❑ To protect children's rights, promote their protection from sexual abuse and exploitation and empower them through counseling and offering awareness tools to restore their physical and emotional health.
- ❑ To offer disability counseling, that helps empower people with disabilities and advocate for their rights. Counseling provides support to disabled people, their partners, family, and caretakers.
- ❑ Our wellness health care program under corporate / workplace counseling helps bring solutions to the psychological health problems of employees.

## OUR DREAM

To grow a caring community through our support group (Circle of Support) and private practice, in and out of Uganda to increase mental health awareness.



# CIRCLE OF SUPPORT

WE ARE STRONGER TOGETHER



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We believe counseling is a collaborative effort between the counselor and client. Professional counselors help clients identify goals and potential solutions to problems which cause emotional turmoil; seek to improve communication and coping skills; strengthen self-esteem; and promote behavior change and optimal mental health.